

# Seton Hall of Knowledge LIBRARY NEWS FLASH

I WILL



## EVENT CALENDAR

Friday, October 1 thru  
Sunday, October 31

**Math Mondays** - Focus on Math. Workshops, tutoring, 1:1 help, and Worksheets.

**Body Systems Tuesdays** - Books, diagrams for coloring, and handouts focusing on highlighted body system.

**Study Wednesdays** - Learn new study techniques, discuss what works best, and work on note taking.

**Tutoring Thursdays** - Come meet with a tutor and work on anything you need help with.

**Fridays at the Movies** - Videos shown all day. Come and enjoy healthy popcorn.

*All resources accessible at all times.*

## ACADEMIC COACH SCHEDULE

**Natalie Grigsby, RN**

**Nancy Ramos, RN**

**Juanita Paredes, RN**

**Kalina Patel, LVN**

**Lucy Morado, LVN**

**Desiree Vega, LVN**

**Victoria Marroquin, LVN**

**Nia Naguit, BS**

*Schedule posted in  
Hall of Knowledge*

## NEW LIBRARY RESOURCES

The Seton Hall of Knowledge has added four new electronic resources to enrich the learning experience for all students:

**Proquest** - a database that allows you to search through more than 850 titles, including over 71 full text titles, and over 300 nurse training videos.

**Nutrition Care Manual** - provides adult and pediatric information that is consistent with the American Dietetic Association's Evidence Analysis Library. This resource allows you to research nutritional needs that are specific to diseases, conditions, cultures and age.

**R2Library** - an electronic data base that enables access to digital book content from multiple health science publishers.

**Nursing Consult** - allows you to search by specialty, diagnosis, drugs, treatment, and patient education needs.

## LIBRARY PHOTO GALLERY

SFCC is pleased to welcome 2 new Academic Coaches to the VICTORY program.



**Desiree Vega, LVN**

Desiree graduated from Long Beach City's LVN program in March 2009. She continued working as a pharmacy technician while completing her prerequisites for the RN program. She was accepted into the LVN to RN bridge program in May 2010 and is currently in her first semester.



**Victoria Marroquin, LVN**

Victoria graduated from La Puente Adult School's LVN program in 2005. After working at White Memorial Hospital for 5 years she decided to pursue her RN. She is currently in her first semester of the LVN to RN bridge program.

October 2010



## HIGHLIGHTS OF THE BODY

### URINARY SYSTEM

Healthy kidneys produce the hormone erythropoietin which stimulates the bone marrow to make oxygen-carrying red blood cells. As the kidneys fail, they produce less erythropoietin, resulting in decreased production of red blood cells to replace the natural breakdown of old red blood cells. As a result, the blood carries less hemoglobin, a condition known as anemia. - wikipedia.com

### INTEGUMENTARY

The human skin is waterproof and can stretch and repair itself. It produces waxes and oils which make the skin moist and soft, however, too much of oils can lead to acne. The waxes and oils also act as a defense for the body as it prevents germs from entering the body. The skin regulates the body temperature and absorbs Vitamin D when exposed to the rays of the sun. - scumdoctor.com

### PEDIATRICS

In infants and young children, acute gastroenteritis is a very common acute illness that can rapidly progress to: dehydration, hypovolemic shock, and severe electrolyte disturbance.

## STAFF SPOTLIGHT



**Nancy Ramos, RN**

Nancy Ramos and Juanita Paredes both received their CNA in October 2006 through the American Red Cross. They began the VN program at SFCC in January 2007 and graduated in June 2008. In June 2009 they began the VN to RN bridge program and finished in June 2010. Nancy and Juanita both worked at SFCC as VICTORY Program Academic Coaches/Tutors after completion of the VN program and throughout the RN program. They took and passed the state boards in August 2010. Congratulations!



**Juanita Paredes, RN**

## MONTHLY WORDS OF WISDOM

*"The significant problems we face cannot be solved at the same level of thinking we were at when we created them."*

*~ Albert Einstein*

## ACADEMIC ADVISOR'S CORNER

The SFCC LVN-RN Bridge Program will be holding its next Quarterly Meeting on **Saturday, December 4, 2010** at St. Francis Career College. All current students are required to attend. Students wanting general information and currently taking prerequisite courses, start time is 11:00am.

### Nursing Program Admissions Reminders:

- Effective Fall 2009 – Intermediate Algebra (Math 125) is now required for admissions at East Los Angeles College.
- The science grade point average (g.p.a) includes Anatomy (4 units), Physiology (4 units), and Microbiology (min 4 units)
- Only 1 repeat is allowed in 1 one science class (Anatomy, Physiology, or Microbiology)
- The minimum science g.p.a. is 2.50 at this time. The cumulative g.p.a. is a 2.00 for program eligibility.

If you have questions regarding your courses or your eligibility to apply, please contact Ms. Kong at (310) 900-8094, [EmmyKong@dochs.org](mailto:EmmyKong@dochs.org) or Ms. Ceden0 at (310) 900-8064.