

## UPCOMING EVENTS

**October 23**  
Exit Interview  
January 08 Wknd

**October 26 - 30**  
NA Orientation

**October 28**  
Student Council  
12-1pm Room 310-C

**October 29**  
Domestic Violence Workshop  
12-1pm Room 400 A&B

**November 2**  
NA CLASS STARTS

**November 13**  
SCHOOL FURLOUGH

**November 18**  
Job and Resource Fair  
12:00pm - 2:00pm

Student Council  
12-1pm Room 310-A

**November 23 - 24**  
NCLEX Boot Camp  
8am-4pm

**November 26**  
SCHOOL CLOSED

**November 27**  
SCHOOL FURLOUGH

**December 1**  
Program Advisory Committee  
Meeting (PAC)

**December 16**  
Affiliation Luncheon

NCLEX Boot Camp  
8am-4pm

**December 17**  
NCLEX Boot Camp  
8am-4pm

Exit Interview  
July 2008

**December 21- 31**  
Winter Break

### VOCATIONAL NURSING CLASS AUGUST 2009:

**Capping Rehearsal**  
(SFMC Auditorium)  
January 28, 2010  
2:30pm-4:00pm

**Capping Ceremony**  
(SFMC Auditorium)  
January 29, 2010  
5:00pm

**VN:**  
NSO  
VN Weekday Orientation Start  
Jan. 19 --- Feb. 5, 2009

# H1N1

INFORMATION  
TO KNOW

## CDC Guidance for Responses to Influenza for Institutions of Higher Education during the 2009-2010 Academic Year

This document provides guidance to help decrease the spread of flu among students, faculty, and staff of institutions of higher education (IHE) and post secondary educational institutions during the 2009-2010 academic year. The guidance expands upon earlier guidance for these settings by providing a menu of tools the IHE and health officials can choose from based on conditions in their area. It recommends actions to take now (during this academic year), suggests strategies to consider if the flu starts causing more severe disease than during the spring/summer 2009 H1N1 outbreak and provides a checklist for making decisions. Detailed information on the reasons for these strategies and suggestions on how to use them is included in the report. Based on the severity of 2009 H1N1 flu-related illness thus far, this guidance also recommends that students, faculty and staff with flu-like illness remain home until 24 hours after resolution of fever without the use of fever-reducing medications.

(This information was included in the August 26, 2009 CDC online report)

# the Guiding Light



... written for the students by the students ...



## ST. VINCENT DE PAUL

Hello, my name is Vincent de Paul ("some people call me "Monsieur Vincent"). Many people who knew me saw me as a man of untiring strength when it came to serving the poor, but I always felt there was more service to be done than I had the strength to do. My greatest desire was to relieve the misery of the poor, who represented Jesus. This continuous dedication to the service of Jesus Christ in the poor summarizes the spirit of the Daughters of Charity, the community I co-founded with Louise de Marillac.

In 1581, I was born into a poor French peasant family. I was ordained a priest at age 19 and several years later, I founded the first Confraternity of Charity, a group of rich women who helped the poor. Today, this same group are called Ladies of Charity. I later founded the Congregation of the Mission, also known as the Vincentian Fathers and Brothers. Around the same time, I met a devout widow, Louise de Marillac, and together we worked to bring about the formation of country girls to serve the poor. These girls eventually formed the Daughters of Charity. The 19,000 Daughters of Charity around the world is the largest religious community of women. They continue to carry out the service of the poor in places like St. Francis Medical Center and the St. Francis Career College.

## UP-COMING BIRTHDAYS

### May 09 Vocational Nursing Class:

Lauren Cooper	Oct. 10
Cynthia Bernal	Oct. 11
Tatiana Douglas	Oct. 15
Amit Sehdev	Oct. 22
Mayra Navarro	Oct. 27
Nancy Monares	Nov. 6
Schamara Gregory	Nov. 22
Kassandra Martinez	Dec. 1
Analilia Partida	Dec. 5
Riza Ventura	Dec. 30

### July 08 Vocational Nursing Class:

Andrea Rodriguez	Nov. 4
Yanet Cortez	Nov. 6
Rosa Reyes	Nov. 18
Guadalupe Equihua	Dec. 12

October 2009

Issue 1



Member of Daughters of Charity Health System

## VOCATIONAL NURSING CLASS JULY 2008

3rd Semester has definitely been a challenge with many obstacles to overcome. We are thankful for being blessed with intelligent instructors who have inspired and challenged our capabilities to strive for the best. Mr. Laurino guided us all through the transition from semester 1 to semester 2 and waiting on the other side were instructors eager to teach. Ms. Cox passes on her passion for nursing and the history behind St. Francis and the Daughters of Charity. Ms. Shephard practiced discipline and honesty. Mr. Falcon shared his wisdom and knowledge, teaching us trial and error. Ms. Jones advocates respect and professionalism for future success. Mr. Smith is a visionary in touch with the innovative technological outlook of the future. We look forward for what is to come and will continue to reach for the stars. Thank you for your guiding lights to success.

Written by: **Susan Inthavong**  
July 08 VN Class President

Rosa Reyes has been a St. Francis Career College student since Nov 07, she received her CNA certification and went on to join the July 08 LVN class. Rosa manages to excel in her school work and exams, as well as fulfill her duties as the VN July 08 Class Treasurer. With so much to accomplish, Rosa still finds time to complete pre-requisites during the VN course, as well as squeezing time to watch the Dodgers game twice a month (she is a dedicated fan who never misses a game). Rosa will complete the LVN program in Nov 09 and plans to pass her boards and join the RN program as soon as possible. Other future plans include becoming a specialized surgical nurse and maybe even moving to New York. A quote by Mark Twain which has helped Rosa stay positive and accomplish her goals is "Keep away from people who try to belittle your ambitions. Small people always do that, but the really great make you feel that you, too, can become great." – Mark Twain.

Written by: **Marilyn Amaya**  
July 08 VN Class Vice President



## VOCATIONAL NURSING CLASS JANUARY 2009

Davi Vasconcelos, is the Student Vocational Nurse (SVN) nominee of the month for the class of January 09. He is employed at St. Francis Medical Center part-time, he comes to us from Brazil, is a newlywed and a very motivated student. Davi brings an inspiring atmosphere to the table and he is a wonderful person to be around. Davi puts everything into his studies, he avoids controversy, recognizes his strengths, as well as his weaknesses. He is always searching deep inside for the avenue to overcome them and excel. Davi aspires to be a doctor or a physician assistant some day. He will definitely be a blessing to any medical organization that he may choose to associate himself with. God bless you Davi, and good-luck with your future goals.

Written by: **Venice Gamble, SR**  
January 09 VN Class Vice President

### ODE to LaDasha Smith

Angels come and angels go, one thing for sure I hope you know, that an angel will always be close by, not always high up in the sky. Angels seem to know when life is rough and show up in the nick of time when things get tough. An angel can be anybody, any time anywhere. An angel becomes Christ like and helps us because they care. From Timbuktu to Asia, there is no angel like LaDasha.

Thank you girl! You know who.

## VOCATIONAL NURSING CLASS MAY 2009

The May 2009 Vocational Nursing class would like to thank Mr. Laurino for his hard work in preparing us to be nurses. We are truly blessed to have such a fine and dedicated instructor. He has not only mastered the field of nursing, but he has the uncommon ability to impact his vast knowledge to us by simplifying and explaining complicated material in an organized and intelligible manner. Clearly, he is helping us build a strong foundation, which will not only benefit us in our future studies, but it will also enhance the care that we provide to our patients. In addition to his expertise, Mr. Laurino consistently demonstrates his caring and concern for the students by going out of his way to help and encourage each of us to develop to our potential. We have found an exceptional role model in Mr. Laurino, and we are fortunate to have him.

### CHAPLAIN'S CORNER

Impatient: Do not grow lazy, but imitate those who, through faith and patience are inheriting the promises.  
-Hebrews 6:12

Sonita Silguero  
July 08 VN Class Chaplain